

ShaRK 400m 2026: Session: 1: Startlist per athlete for TEAM: LAQUA

Coachinfo: Warming up from: 12:20 untill 13:25. Teamleadmeeting @ 13:00

The listed starttimes are indicative!

Coaches: Lissens Jeroen HEADCOACH

PB => Personal Best time

Athlete: CREEMERS LIEZE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	2	4	07:23.53	no time	15:30

Athlete: DE RYCK HANNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	6	2	05:41.12	05:45.51	15:55

Athlete: KERREMANS SEM

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	1	5	no time	no time	16:15

Athlete: LI YIYANG

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	4	4	no time	no time	14:40

Athlete: SIMONS HANNA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	7	6	05:34.40	05:35.17	16:05

Athlete: SPADEA SAMUELE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	1	4	no time	no time	16:15

Athlete: VAN DE WINKEL MAUD

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	2	2	no time	no time	15:30

Athlete: VAN HOUDT SEOANE LISA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	4	3	06:18.99	no time	15:45

Athlete: VANDENSANDE CLARA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	3	5	07:11.02	no time	15:35

Athlete: VANDENSANDE LUCÍA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	3	3	07:06.34	no time	15:35

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Athlete: VERMEULEN LOUISE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	2	3	07:22.30	no time	15:30